In this chapter, you will learn about medieval China’s foreign contacts. You will focus on three important dynasties: the Tang dynasty (618–907), the Mongol, or Yuan (YOO-an), dynasty (1279–1368), and the Ming dynasty (1368–1644). At times, the Chinese welcomed foreign contacts. Great cultural exchange resulted as new ideas and products flowed into and out of China. Buddhism, which originally came from India, reached its height of influence during the Tang dynasty. A Chinese monk, Xuan Zang (zhwoo-AN ZANG), traveled to India at this time. He brought back thousands of Buddhist scriptures. The Chinese honored him for making Buddhism more widely known. Although it was foreign in origin, Buddhism became very popular in China.

Many Chinese, however, resented foreign influence. Less than two centuries after Xuan Zang’s trip to India, one scholar-official harshly criticized Buddhism. “Buddha,” he said, “was a man of the barbarians who did not speak the language of China and wore clothes of a different fashion. His sayings did not concern the ways of our ancient kings, nor did his manner of dress conform to their laws.” More than once, such feelings led rulers to try to limit the influence of foreigners. In this chapter, you will learn how the Chinese both welcomed and rejected foreign contacts. You will find out how cultural exchange affected China. You will also discover how Ming emperors tried to close China’s doors to foreign influence entirely.
2. Foreign Contacts Under the Tang Dynasty

During the Tang dynasty (618–907), China welcomed contact with foreigners. Traders and visitors brought new ideas, goods, fashions, and religions into the country.

**The Influence of Traders and Visitors** Beginning in the Han dynasty, traders and visitors came to China by a network of trade routes across Central Asia. From Chang'an, China's capital, camel caravans crossed the deserts of Central Asia between oases. The routes followed by the caravans are known collectively as the Silk Road, though many goods besides silk were traded.

For a time, travel along the Silk Road became unsafe because of fighting in Central Asia. The Tang made travel safe again by taking control of much of Central Asia. As a result, trade flourished with Central Asian kingdoms, Persia (modern-day Iran), and the Byzantine Empire. Traders also traveled by sea between China and Korea, Japan, Indonesia, and India.

Merchants, missionaries, and other visitors also came to China. Thousands of Arabs, Turks, Persians, Tibetans, Indians, Jews, Koreans, Japanese, and other foreigners lived in seaports and in Chang’an.

All these foreign contacts brought about much cultural exchange. The Chinese sent their silk, porcelain, paper, iron, and jade along the trade routes. In return, they imported ivory, cotton, perfumes, spices, and horses. From India the Chinese learned to make sugar from sugarcane and wine from grapes. New medicines also came from India.
The Tang Chinese, especially the upper classes, welcomed new products and ideas from foreign cultures. They wore rubies, pearls, and other jewels. They drank from goblets made of glass, a material that had been unknown in China. They ate new foods, such as spinach, garlic, mustard, and peas. They used cloves, a type of spice, to treat toothaches. Sitting in chairs from Central Asia instead of on floor cushions became a status symbol. The game of polo, a Persian sport played on horseback, became the rage among the upper-class.

Chinese music was greatly influenced by melodies and musical instruments from India, Persia, and Central Asia. Artists and artisans also imitated new foreign styles. Silversmiths, for example, began using Persian designs.

New religions also came to China, which the Tang tolerated. Jews, Christians, and Muslims built houses of worship in Chang’an. They could even preach, although they converted few Chinese.

The Indian religion of Buddhism had come to China hundreds of years earlier. Under the Tang, it became a major part of Chinese life. Many Chinese became Buddhists. Buddhist monks came from India to teach in China, and Chinese pilgrims went to study in India. Buddhist monks and nuns paid no taxes. They ran schools, public baths, hospitals, and lodgings for travelers. Monasteries accumulated great wealth. Buddhism influenced Chinese art by providing new subjects for painting and sculpture. Buddhist festivals became popular.

**Changing Attitudes** Toward the end of the Tang dynasty, foreigners and their beliefs became less welcome in China. The government placed restrictions on foreigners when a people called the Uighurs (WEE-gourz) began attacking China from across the border. In cities, violence broke out against foreign merchants. Many Chinese resented their prosperity.

The wealth of Buddhist monasteries also brought resentment. Some people, it was said, became monks just to avoid paying taxes. In addition, influential Chinese began attacking Buddhism as a foreign religion. In 843, the Tang government, which needed money, began seizing Buddhist property. Thousands of Buddhist monks and nuns were forced to give up their way of life. Monasteries, shrines, and temples were destroyed. Precious metals from statues were melted down and turned over to the treasury. The persecution of Buddhists lasted only a few years, but it greatly weakened the power of the monasteries.
Despite this distrust of foreigners, the Chinese continued to trade with other lands. By the end of the Tang dynasty, trade was shifting from the Silk Road. A flourishing sea trade developed between China, India, and the coastal cities of Southeast Asia. Thanks to the compass and improved shipbuilding techniques, overseas trade continued to thrive during the Song dynasty (960–1279).

3. Foreign Contacts Under the Yuan Dynasty
As you learned in Chapter 15, the Song dynasty came to an end when the Mongols conquered China. Recall that the Mongol leader Kublai Khan became emperor of China in 1279. He called his dynasty the Yuan dynasty. Under the Mongols, foreigners ruled China for nearly 100 years. The vast Mongol empire stretched clear across Asia. Travel along the Silk Road became very safe, since the entire region was now under the control of one government. The Mongols also developed a far-reaching maritime trade. Travel and trade expanded as never before, and more and more foreigners came to China.

**Thriving Trade and Cultural Exchange** By welcoming traders and other foreigners, the Yuan leaders encouraged cultural exchange. They respected merchants and actively promoted trade. They set up stations along the Silk Road
every 20 miles, where traders could find food and a place to sleep. Muslim merchant associations managed the Silk Road trade. They traded Chinese silk and porcelain for medicines, perfumes, and ivory. Some of the foreign visitors who traveled the Silk Road from Europe to China were Christian missionaries. They wanted to convert the Chinese to Christianity. They also wanted Kublai Khan to form an alliance with Europeans against the Muslims. Both goals failed. Still, Christian missionaries did make some converts, and they helped bring new ideas to China. 

Sea trade also flourished under the Yuan emperors. Ships from India brought diamonds and pearls. Ginger, cotton, and muslin came from Ceylon (now Sri Lanka). From Java came black pepper, white walnuts, and cloves. Many foreigners who came to China brought special skills. Muslim architects, for example, built the Yuan capital of Dadu, today’s Beijing. Persians brought their advanced knowledge of astronomy, mathematics, medicine, and water management. Jamal al-Din, a Persian astronomer, introduced new and better astronomical instruments. He also helped to develop a new calendar and set up an observatory, a special building for the study of astronomy. Muslim and Persian doctors established new hospitals.

Foreign contacts also allowed skills and information to flow from China and spread to other parts of the world. Europeans, for example, learned about the Chinese inventions of gunpowder and printing. 

**The Role of Foreigners in China** Foreigners enjoyed high status under the Yuan rulers. Foreign merchants were given special privileges. Unlike Chinese merchants, they could travel freely and didn’t have to pay taxes. They also spoke other languages, which the Chinese were forbidden to learn.
Kublai Khan appointed many visiting foreigners to official positions in his government. The most famous was Marco Polo, a young Italian merchant and adventurer who traveled throughout China. Polo first traveled to China as a teenager with his father and uncle, who were merchants from Venice in Italy. Their route took them across Persia and along the southern branch of the Silk Road. Throughout the long journey, Marco Polo paid attention to the interesting new things he saw. After three and a half years and over 5,000 miles, the Polos reached the court of Kublai Khan. The khan liked Marco and enjoyed his accounts of his travels. He sent Marco to represent him on inspection tours around China. Although Marco Polo did not read or write Chinese, he observed carefully. He traveled around China for about 17 years before beginning his journey home. When he returned to Italy, he dictated an account of his experiences to an author who wrote a book about him. The tale of Polo's travels gave Europeans firsthand knowledge of China and further stimulated interest in trade. Under Kublai Khan, life was more pleasant for Mongols and foreigners, such as Marco Polo, than it was for the native Chinese. The Chinese were at the bottom of
the social order. They resented the restrictions placed on them. They also disliked being ruled by foreigners, especially since a few foreign government officials were harsh and dishonest. The Chinese hated a Muslim finance minister named Ahmed so much that they assassinated him. The resentment that built up under Yuan rule helped make the Chinese suspicious of further contact with foreigners.

4. Foreign Contacts Under the Ming Dynasty

The Chinese eventually rebelled against the Yuan. From 1368 to 1644, the Ming dynasty ruled China. Although foreign contacts continued, later Ming rulers tried to isolate China from foreign influences.

**Tributaries and Maritime Expeditions** The Ming saw China as the oldest, largest, most civilized, and most important country in the world. Other nations, they felt, should acknowledge China’s superiority by paying tribute.

Under the Ming, many other countries were China’s *tributaries*. The Chinese emperors acknowledged their rulers, provided military help, and allowed them to trade with China. When ambassadors from the tributaries visited China, they had to kowtow before the emperor. This meant they had to kneel and touch their heads to the floor three times.
In return for bringing tribute, the ambassadors were given valuable gifts. They were also allowed to buy and sell goods at official markets. These exchanges benefited the foreigners as well as the Chinese.

Emperor Chengzu (sheng-ZOO), who came into power in 1402, wanted more tributaries. He gave a trusted adviser, Zheng He (JENG HAY), the title “Admiral of the Western Seas” and told him to sail to “the countries beyond the horizon . . . all the way to the end of the earth.” Zheng He was to display China’s power, to give gifts, and to collect tribute.

In 1405, Zheng He set off with a fleet of more than 300 ships. The fleet was the largest in the world at that time. It carried more than 27,000 men. They included sailors, soldiers, translators, merchants, and doctors. To feed this enormous force, ships carried huge loads of rice and other food. They had tubs of soil for growing vegetables and fruit onboard. Large watertight compartments were converted into aquariums that held fresh fish for the crew.

The largest ships had four decks, nine masts with twelve sails, and twelve watertight compartments. Cabins were provided so that merchants on long trading voyages could bring their wives.

Zheng He made seven expeditions between 1405 and 1433. At first, he traveled only as far as India. Later, he reached the Persian Gulf and even sailed to ports along the east coast of Africa. Thirty or more of the places he visited became tributaries of China.

Zheng He’s ships returned laden with precious cargo. From India they brought sashes made of gold thread, decorated with pearls and gems. They also carried medicinal herbs, dyes, spices, gems, pearls, and ivory. There were even exotic animals such as zebras, ostriches, lions, leopards, and giraffes aboard.
Turning Inward  When Zheng He died, in about 1434, a new emperor ruled China. The government needed money to fight off attempts of the Mongols to retake control. Scholar-officials persuaded the emperor to stop the expensive expeditions. From that time on, the dynasty turned inward. Ming rulers wanted to protect their people from foreign influences, so they forbade travel outside China. All contact between Chinese people and foreigners had to be approved by the government. The Ming dynasty and its scholar-officials wanted a strongly unified state based on a single ruler and traditional values. Scholar-officials chosen by examinations staffed the huge and complex government bureaucracy. The outlook of the scholars dominated Chinese thought and government into the 20th century. The Ming desire for uniformity made it difficult for the government to change in response to new conditions. In the end, it became too rigid to adapt. Peasant rebellions helped to bring down the government in 1644, ending the Ming dynasty.
Summary

In this chapter, you learned that medieval Chinese rulers welcomed or rejected foreign contacts at various times, depending on the policies of the particular dynasty.

**Foreign Contacts Under the Tang** During the Tang dynasty, ideas and goods from other places flowed into China. Buddhism, imported from India, became very popular. Eventually, however, many Chinese came to resent foreigners and foreign influences.

**Foreign Contacts Under the Yuan** Coming from outside China themselves, the Mongols of the Yuan dynasty promoted trade and gave foreigners important positions in the government. Cultural exchange flourished. At the same time, the Chinese began to resent their non-Chinese rulers. This attitude lasted long after the Yuan dynasty was overthrown.

**Foreign Contacts Under the Ming** Under the early Ming rulers, China collected tribute from other lands and undertook great maritime expeditions, such as those led by Zheng He. Later Ming emperors, however, tried to close China off from foreign influence, even forbidding Chinese people to travel abroad.

**Reading Further - The Explorations of Admiral Zheng He**

Six hundred years ago, Admiral Zheng He led Chinese sailors on seven extraordinary expeditions to India, Arabia, and Africa. At the time, Chinese ships, called junks, were far more advanced than European vessels. Sailing those magnificent ships, Zheng He traded with countries on two continents. But suddenly, in the 1430s, the Chinese stopped trading and exploring. What happened?
The year was 1405. Admiral Zheng He stood on the deck of his ship. At almost seven feet in height, Zheng He towered over everyone around him. People who knew him said, “His eyebrows were like swords and his forehead wide, like a tiger’s.” When he gave an order, his sailors obeyed immediately.

From his deck, Zheng saw his ships spread behind him as far as he could see. He looked with pride at the vessels that followed his out of the harbor of Luijia, near Nanjing, China’s capital. They carried about 28,000 people. The fleet was heading for the cities of India.

“Treat Distant People with Kindness”
Zheng He was known as the “Admiral of the Western Seas.” He led the greatest fleet of merchant vessels up to that time. The man who sent out the fleet was Emperor Chengzu, a bold and ambitious leader. Chengzu wanted his people to explore the world and expand trade. In 1403, he ordered his royal carpenters to build a huge fleet. For the next three years, they tackled this vast job.

The emperor selected Zheng He to be the admiral of this powerful new fleet. The two had been friends since boyhood. Zheng came from a Muslim family in western China. When the Chinese defeated the Mongols in the region in 1382, they took Zheng prisoner and brought him to Chengzu’s court. The two boys hunted and rode horses together, and soon became good friends.
Later, Zheng He served in the Chinese army. He showed a talent for strategy, and commanded the respect and obedience of others. He also won Chengzu's complete trust.

The emperor directed Zheng He to sail west to faraway lands, “confer presents,” and “treat distant people with kindness.” We know the emperor’s exact words because Zheng He carved reports about the expeditions into stone tablets that still exist. Chengzu ordered merchants across China to supply trade goods for the expedition. These goods included silk, cotton, wine, tea, silk robes, and porcelain.

**The Greatest Fleet in the World**

Zheng He’s ships were far more technologically advanced than were European ships of that time. The largest vessels in his fleet were the treasure ships. They were enormous, measuring about 400 feet long and 160 feet wide. In contrast, the *Santa Maria*, Christopher Columbus’s flagship, was about 85 feet long. The treasure ships had 9 masts and 12 sails of red silk. Each vessel had more than 50 luxurious staterooms for officers and merchants.

As the fleet sailed out of Luijia Harbor, Zheng He set a course toward Calicut, a city-state on the west coast of India. The most advanced navigation tools in the world helped them sail across the Indian Ocean. Ninety years later, Columbus wouldn’t have equipment as good as Zheng He’s.
The key was the magnetic compass. The Chinese invented this essential tool in the 11th century. The compass allowed the Chinese to steer their ships even under cloud cover. Chinese sailors could also figure their latitude, or the distance north of the equator. Each evening they took readings to find the North Star's position above the horizon. The closer the star's position to the horizon, the farther south they were. The farther the star's position from the horizon, the farther north they were.

**Success in India**

Zheng He and his fleet reached Calicut in late 1406. Calicut was wealthy, and its merchants had fabulous goods to trade, such as spices. Eagerly, the Indian merchants boarded Zheng He’s ships and drove hard bargains. But the bargaining was always honest. One observer wrote that they “have all joined hands and sealed our agreement with a handclasp.” Zheng He returned in triumph from India in 1407. Along with trade goods, he brought ambassadors from Calicut and other Asian countries. All of them paid tribute to
Emperor Chengzu and gave him gifts. Zheng He had expanded China’s influence all the way to India. The Chinese celebrated him as a great hero.

**Sailing to Arabia and Africa**
Zheng He made a total of seven voyages of discovery. His second and third expeditions, which took place between 1407 and 1411, built on the success of the first. On the third voyage, Zheng He sailed to the South Asian kingdoms of Malacca and Ceylon (now Sri Lanka).

![Voyages of Discovery, 1405–1321](image)

In 1412, the emperor began to plan the fourth expedition, which included 62 ships. In 1414, after two years of preparation, Zheng He launched his fleet. This time he sailed beyond India to Hormuz, a wealthy Arabian city. Chinese merchants on this expedition traded for pearls, rubies, sapphires, and beautiful carpets.

In addition, Zheng He wrote, “Hormuz presented lions, leopards with gold spots, and large western horses.” On their way back home to China, one of Zheng He’s officers received another gift for the emperor—a giraffe. The Chinese marveled at the creature’s long neck and believed that it was a quilin, or mythical creature.

When Zheng He returned to China, the emperor and the people again welcomed him as a hero. In 1416, he left on his fifth voyage, again to Arabia. But this time the fleet continued to eastern Africa.
When Zheng He reached the city of Mogadishu in Somalia, the city’s leaders refused to welcome him. Angered, he launched explosives over the walls of the city. Finally Mogadishu’s doors opened to him. According to Zheng He, “Mogadishu presented . . . zebras as well as lions.”
Zheng He made his sixth voyage in 1421. Partway through the expedition, however, he returned to China to help Emperor Chengzu celebrate the opening of Beijing, China’s new capital. In 1424, Emperor Chengzu died, ending the men’s nearly fifty-year friendship.

Disagreements over Expeditions

The new emperor did not share Chengzu’s adventurous spirit, and put a stop to Zheng He’s voyages. When that emperor died in 1426, however, his successor allowed Zheng He to resume exploring. The admiral, now over sixty, made his seventh and final voyage in 1431 to the southern coast of Arabia. The sultan of Egypt also received him and his crew. But the years had caught up with Zheng He. He died on the way home, and was buried at sea.
By 1435, another new emperor was on the throne, and China began to turn inward. The new leadership was very traditional. They claimed that China already had the best of everything and had no need to trade. The royal government even destroyed Zheng He’s records of his voyages because they feared that they might inspire others. In 1525, the emperor ordered all ships capable of ocean voyages to be destroyed.

China was increasingly isolated from the rest of the world and began a long decline. Only in the last decades has China, once again, begun to reach beyond its own borders. Now, it is a major trading partner with the United States and other nations. Today, the spirit of Zheng He is alive and well.